



GLOW AESTHETICS
& med spa

PATIENT CONSENT FOR LASER HAIR REMOVAL

I authorize the technician to perform TMLaser Hair Removal treatments on me to achieve hair reduction. I understand that there is a rare possibility of side effects or complications such as discoloration or scarring. I agree to follow all pre and post treatment instructions in order to reduce this possibility. I understand that sun exposure or tanning of any sort is not aligned with the pre and/or post-care instructions and will increase the chance for complications. The procedure as well as potential benefits and risks have been thoroughly explained to me and I have had all my related questions answered. Pre and post-care instructions have been discussed and are completely clear to me. I understand that results may vary with each individual and acknowledge that it is impossible to predict how I will respond to the treatment and how many sessions will be required.

Y N Has the treatment area been exposed to natural or artificial sun exposure in the past 2 weeks?

Y N Have you used self—tanners or tan enhancers within the past 3 weeks?

Y N Are you currently taking any photosensitizing medications or supplements?

Y N Are you pregnant, suspect you may be pregnant, or currently nursing?

Y N Is there a presence or history of active cold sores or herpes simplex virus?

Y N Have you ever had skin cancer?

Y N Have you taken Accutane (Isotretinoin) within the past year?

Y N Have you had any previous hair removal procedures on requested treatment area?

My signature certifies that I have duly read and understood the content of this informed consent form and gave the accurate information as to my health condition. I hereby freely consent to the technician to perform Laser Hair Removal treatments.

Date_____

Patient Name (please print)

Patient Signature

Witness (please print)

_____Witness

Signature

POST-TREATMENT CARE

- Avoid extended UV exposure for 7 days post-treatment.
- If blisters occur, do not puncture. If skin is broken, apply an antibiotic ointment until healed.
- Tylenol is recommended for post-treatment discomfort.
- Over the counter medication is recommended for post treatment discomfort. You may also apply Restorative Gel (highest recommended), cool towels, ice packs or aloe vera to alleviate discomfort due to heat.
- Avoid using seat warmers immediately after treatment.
- Avoid any additional laser treatments or chemical procedures on the treated area for at least 2 weeks post-treatment or until healing has occurred.
- Using a broad-spectrum UVA/UVB SPF 30 or higher is critical when receiving laser treatments and recommended ongoing for maintenance.
- If you experience any side effects, such as hypo- or hyper-pigmentation, prolonged redness or swelling, a histamine reaction, or blistering, call or come in for instructions on treatment.
- To achieve the best results, complete the full treatment schedule at the intervals recommended by your technician.
- Exfoliate treated areas to minimize risk of ingrown hairs.

Preparing For Your Laser Hair Removal Treatment

Follow these guidelines unless your laser technician directs otherwise.

We ask that you are freshly showered or bathed with completely clean skin, without lotions, oils, creams or fragrances of any kind before coming in.

The treatment area should be shaved completely prior to treatment. Legs should be shaved no sooner than 24 hours prior to your appointment to avoid irritation. Do not wax, tweeze, epilate or use chemical depilatories between laser treatments. Since the laser targets the root of the hair, it must be present for the treatment to be effective. Shaving is the only form of hair removal recommended during the course of your treatments. A charge will be added if the laser tech shaves the treatment area.

Avoid sun exposure to the treatment area, and do not use UV tanning beds at all for two weeks before treatment.

Use a broad-spectrum sunblock with an SPF of 30 or above on a daily basis (rain or shine).

Do not use any topical products that cause photosensitivity (e.g. hydroxy acids, salicylic acid, retinols, and benzoyl peroxide) in the treatment areas for three days before treatment. Use a gentle cleanser and lotion on treated areas.

If you are taking any new or different medications, including antibiotics, contact our office prior to your appointment.

Do not have Botox injections, dermal filler injections, chemical peels or microdermabrasion in the treatment area for at least 14 days before laser hair removal.